

### 2026 NKS-LDYC Round the Clubs Race (GP-10)

**Dates** : 4<sup>th</sup> April 2026

**Venue** : LAKE DENEYS YACHT CLUB (LDYC) – VAAL DAM

**Organising Authority** : LAKE DENEYS YACHT CLUB (LDYC)

#### 1. COMMUNICATIONS WITH COMPETITORS

- 1.1. Notices to competitors will be posted on the Official Notice Board located at LDYC and will also be posted to the race WhatsApp group.
- 1.2. The race office is located at LDYC. telephone 087 160 0556, email [office@ldyc.co.za](mailto:office@ldyc.co.za)
- 1.3. A VHF radio capable of receiving and transmitting on Channel 9 (156.450 MHz) shall be monitored during the event whilst boats are away from their moorings for those vessels wishing to monitor VHF.
- 1.4. WhatsApp for competitors – See QR Code



#### 2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

#### 3. CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

#### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the LDYC Club flagpole in front of the Clubhouse and relayed on the WhatsApp group.
- 4.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signals AP.

#### 5. CLASS FLAG

The class flag shall be WHITE for all Classes

#### 6. RACING AREA

- 6.1. The races will be distance racing on the Vaal dam as per the course set out below.
- 6.2. The start shall not be before the time noted in the Notice of Race.

## 7. COURSES & MARKS

- 7.1. The course consists of 5 permanent marks on the dam. On rounding the mark, a timestamped location pin of each mark rounding shall be provided via the shared WhatsApp group for the Race (see QR Code). The marks can be rounded in any order chosen by the entrant.
- 7.2. **Please note: Phones will need 10-15 seconds to obtain a satellite fix for an accurate location.**
- 7.3. All boats to use a GPS tracker (available on smart phones) to track total distance sailed. The \*.gpx file of the route to be sent to the WhatsApp notice board on completion of the race or at cut-off time. The file shall be given the vessel's name. This information will be used to calculate final positions.

Table 1 Course

Mark
LDYC
DAC
North Bay
VCA
Confluence

## 8. THE START

- 8.1. The scheduled time for racing is from 08h54 in the morning to 14h00 in the afternoon.
- 8.2. Participants can start their race at any time within this range as long as all marks are rounded and the boat logs it's finish Location pin.
- 8.3. Boats may start at any of the designated marks.
- 8.4. To initiate the start, a location pin at the chosen starting mark must be sent to the official WhatsApp group at the starting time.
- 8.5. **Location pins sent before the official start time will not be accepted and will result in an OCS.**

## 9. Mark Rounding

- 9.1. To register rounding a mark, the boat must send a location pin at that mark to the designated WhatsApp group.
- 9.2. The mark name and rounding time (of all mark roundings) shall be written as a paper note and a picture thereof sent to the race office via the WhatsApp group on finishing the race.
- 9.3. The marks can be rounded in any order in either direction (to Port or Starboard). It is the responsibility of each crew to determine the most efficient route.
- 9.4. The navigation skills of the crew will be a key factor in determining the most effective course.

## 10. Finish

- 10.1. Once all designated marks have been rounded and their location pins sent, boats must return to the mark at which they started.

- 10.2. To register the finish, a location pin of the mark must be sent to the official WhatsApp group upon arrival.
- 10.3. All boats are to be finished by 17h00. All pins received after 17h00 will be marked as a TLE.

## **11. PENALTY SYSTEM**

ISAF Rule 44 shall apply except that RRS 44.3 shall NOT apply, and in the case of Micro Multi-hulls the penalty shall be one complete 360-degree turn.

## **12. TIME LIMITS**

- 12.1. Races may be abandoned at the discretion of the Bridge Officer.
- 12.2. Due to the starting time range, no time limits will be enforced other than all boats must be finished by 17h00.

## **13. HEARING REQUESTS**

- 13.1. Protests shall be written on forms available at the Race Office and delivered within 60 minutes after the last race of the day, to the Race Office.
- 13.2. All protests may be heard at LDYC on the day of the particular race, or at any other venue at a later date, but will be at the earliest opportunity to ensure that all parties affected are given reasonable time to be present. These arrangements are entirely at the discretion of the Race Officer.
- 13.3. Protests will be heard in approximately the order of receipt.

## **14. SCORING**

- 14.1. For overall results, yachts will be handicapped according to the Low Points scoring system of Appendix A 4.1 and A9 of RRS using the NKA TCF rating system.
- 14.2. The NKS ratings Time modification factor shall be employed.
- 14.3. Results will be posted on LDYC Notice Board after the race and on the Race WhatsApp Group.

## **15. SAFETY REGULATIONS**

- 15.1. Competitors sailing on keelboats shall have a PFD readily accessible for each crew member on board at all times while afloat. While not required to be worn at all times, crews are strongly encouraged to wear PFDs whenever practical, especially in conditions that may increase the risk of falling overboard.
- 15.2. All PFDs shall be of an appropriate type and in good working condition. PFDs should be designed for the user's weight and size and comply with a recognized standard. Inflatable PFDs, if used, shall be regularly inspected and maintained according to the manufacturer's recommendations.
- 15.3. This instruction does not create any additional responsibility on the part of the Race Committee to ensure compliance. The responsibility for wearing and having readily accessible PFDs in accordance with these Sailing Instructions rests solely with each competitor.
- 15.4. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **16. LIABILITY**

The attention of all competitors is drawn to the fact that participation in the race is entirely at their own risk. No responsibility, at any time, for damage or injury resulting there from will rest with the organizing authority, NKA, SAS, the class associations, the host club or any persons connected with the running of, or from providing assistance during the race.

## **17. REPLACEMENT OF CREW OR EQUIPMENT**

17.1. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

## **18. TRASH DISPOSAL**

Trash may be placed in bins placed on shore.

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