2026 JOHN LEE ULTRA WEEKEND

AND ROUND THE ISLAND REGATTA

Dates: 9th to 11th October 2026

Venue: Lake Deneys Yacht Club (LDYC)

Organising Authority: Lake Deneys Yacht Club (LDYC)

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

1.1 Notices to competitors will be posted on the official notice board at LDYC and online on the WhatsApp group, which is available via the QR code located to the right of this page or on the following link: https://chat.whatsapp.com/Jn5c6lIIoXGEdbeQf09y2t

1.2 The race office is located at Lake Deneys Yacht Club (LDYC), Vaal Dam, office@ldyc.co.za.

1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

1.4 Where possible, each boat should carry a means of communication. In the case of a cell phone, a contact number for a case of emergency will be posted on the noticeboard. In the case of a radio, the call sign and channel for the bridge and NSRI with be posted on the noticeboard.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first scheduled start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at Lake Deneys Yacht Club (LDYC) shore flag mast.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals.

5 CLASS FLAGS

Ultra Class – Yellow
Gold Class - White

6 RACING AREA

The racing area is within the area between LDYC, South Bay, Manten Marina and Vaal Cruising Association on the Vaal dam.

7 COURSES

The diagrams in SI Addendum "A" show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8 MARKS

A description of all marks will be posted before the close of registration.

9 THE START

9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

9.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start, without a hearing. This changes RRS 35, A4 and A5.1.

9.5 Boats with a handicap equal to and above 1.00 will be started first. All other boats will start 5 minutes after the previous start.

10 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

12 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal, boats shall round mark 3 as required to sail the course and thereafter proceed directly to the finishing line. This signal shall be made

before the first boat reaches mark 3 and shall continue to be made until all boats still racing have passed these marks. This changes RRS 32.

13 PENALTY SYSTEM

13.1 RRS 44.1 is unchanged so that the Two-Turns Penalty remains.

14 TIME LIMITS

14.1 Short Distance Races

Boats failing to finish within 20 minutes after the first boat sails the course and finishes, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35 and A4.

14.2 Round the Island Race

Boats failing to finish before 15h00 on the day of the Round the Island race, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35 and A4.

15 HEARING REQUESTS

15.1 The protest time limit is as per items 15.1.1 or 15.1.2 - The time will be posted on the official notice board.

15.1.1 Short Distance Races - 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is the latter.

15.1.2 Round the Island Race – midnight, 3 days following the day of the race.

15.2 However, if racing is postponed under Race Signal AP over H, then the protest time limit for races completed so far that day is 60 minutes after the last boat finishes the last race completed, or the race committee signalled AP over H, whichever was the latter.

15.3 Hearing request forms may be downloaded from www.sailing.org.za and at the official noticeboard at LDYC.

15.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the Lake Deneys Yacht Club (LDYC) clubhouse as instructed by the race office, beginning at the time posted.

16 SCORING

16.1 The Flag officers cup will be scored separately from the other days.

16.2 The overall winner of the regatta will be determined by their score in the short course racing and the race around the island.

16.3 Prizes will be awarded for the race around the island in isolation and for the first team around the island.

17 SAFETY REGULATIONS

17.1 Youth category competitors shall wear a personal flotation device, capable of supporting a five (5) kilogram steel weight, at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

17.2 Under World Sailing regulations, personal flotation devices are a fundamental safety requirement during competitive events, with strict mandates governing their use on the water. Specifically, single-handed sailors must wear a life jacket at all times while afloat due to the elevated risk of solo overboard scenarios, a continuous requirement that equally applies to children aged 12 years old or younger. For crewed vessels where continuous wearing is not strictly mandated by class rules or race signals, a designated, properly fitted life jacket for every single person on board must remain readily accessible at all times when not actively being worn. Together, these standards guarantee both constant protection for vulnerable or solo competitors and instant emergency availability for every crew member on the water.

17.3 All boats shall comply with the relevant SAMSA requirements as to the safety equipment they are required to carry.

17.4 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors is not allowed without prior written approval of the race committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

19 EQUIPMENT AND MEASUREMENT CHECKS

19.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race, or sailing instructions.

19.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

20 SUPPORT PERSON VESSEL

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 100 m from boats racing.

21 TRASH DISPOSAL

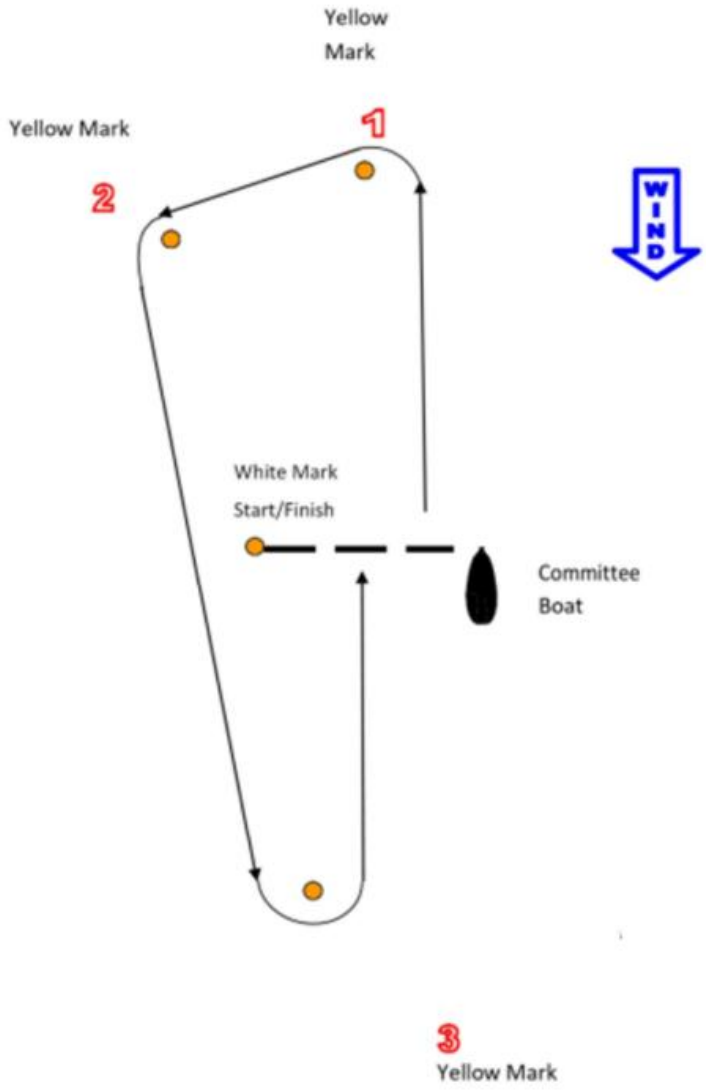
Trash may be discarded ashore in the bins provided.

ADDENDUM A – COURSES

COURSE 1 – NUMERAL PENNANT 1 / NUMBER 1

A Windward-Leeward Course

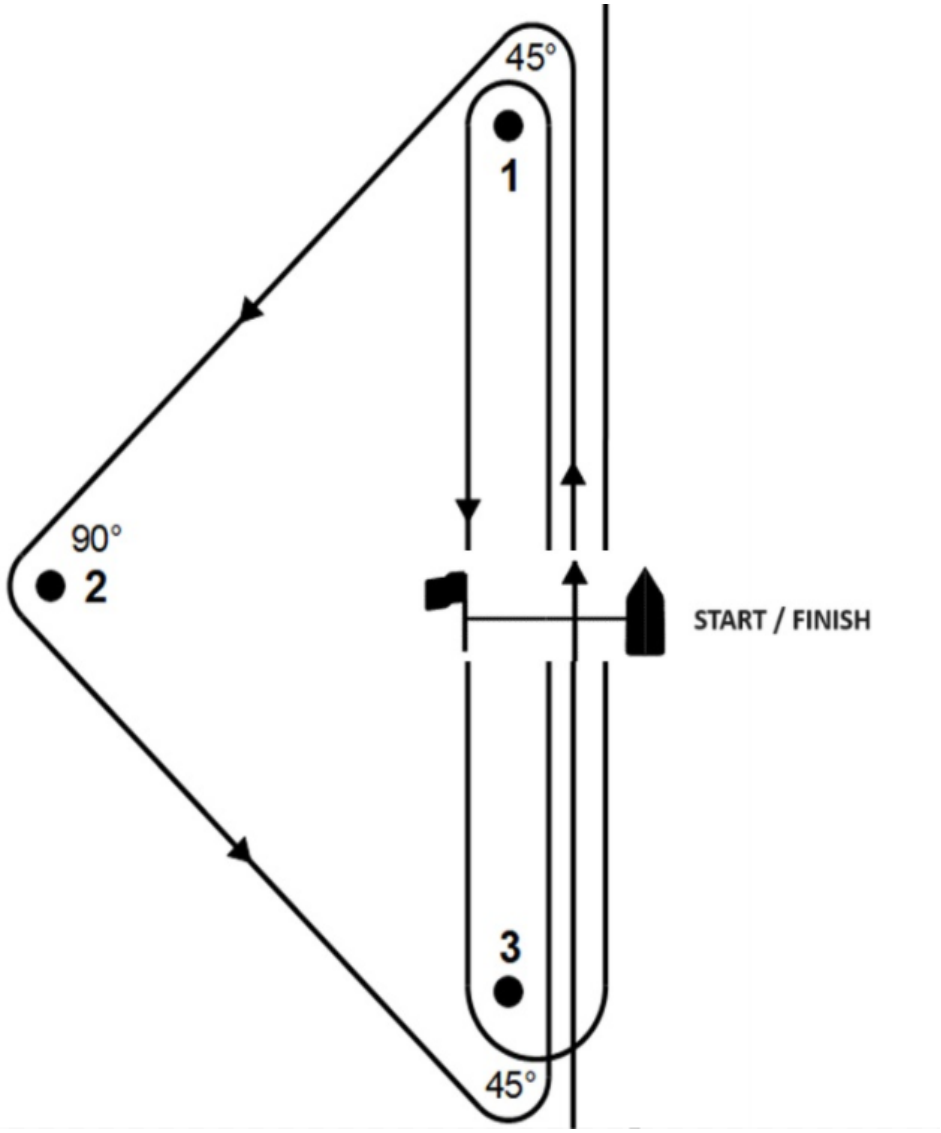
Start – 1 – 2 - 3 – 1 – 2 - 3–Finish (2 rounds)



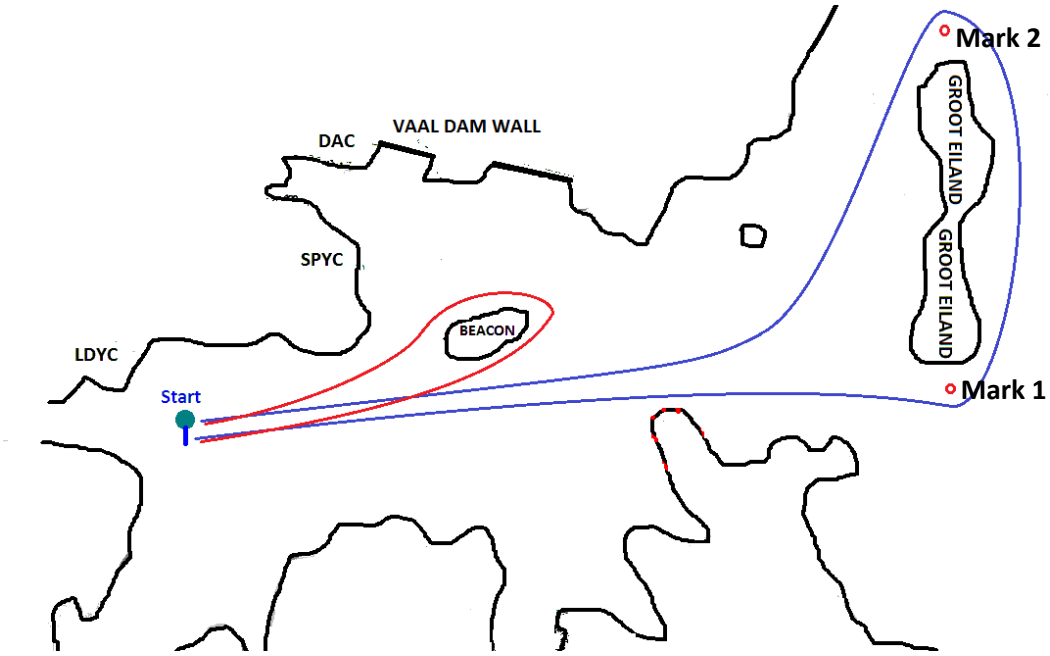
COURSE 2 – NUMERAL PENNANT 2 / NUMBER 2

A Triangle-Windward-Leeward- Course

Start – 1 –2 – 3 – 1 – 3 – Finish (2 Rounds)



Course 3 – Distance Race: Around Groot Eiland



ROUND THE ISLAND RACECOURSE CARD

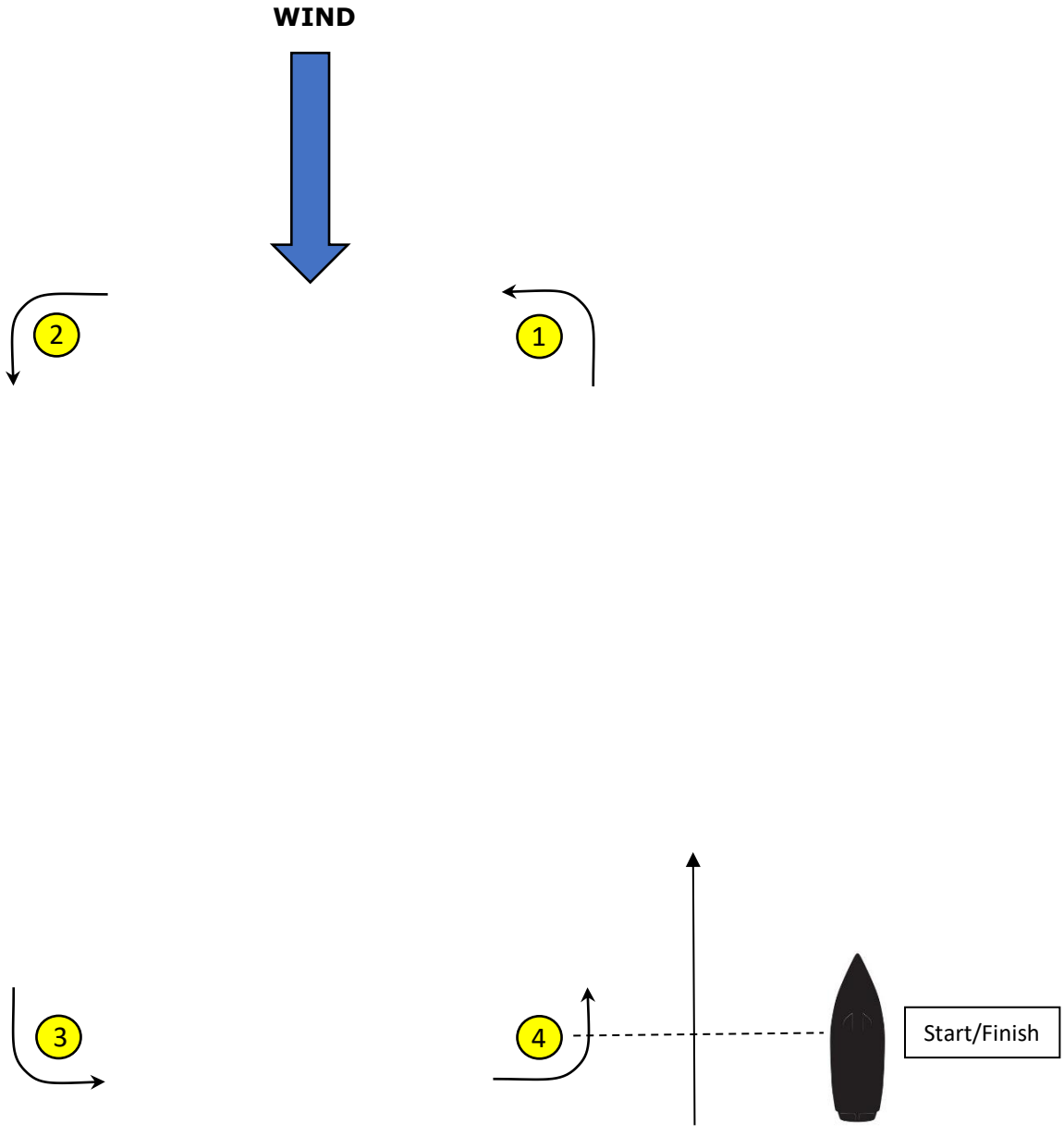
The start will be in the vicinity of the LDYC permanent mark.

The finish will be past the LDYC mark in front of the LDYC clubhouse.

Start – Mark 1 (Port) – Mark 2 (Port) – Finish

Course 4 – Flag Officers' Cup

All marks left to Port

Ultra: Start – 1 – 2 – 3 – 4 – 1 – 2 – 3 – 4 – 1 – 2 – 3 – 4 (Finish)

Gold Class: Start – 1 – 2 – 3 – 4 – 1 – 2 – 3 – 4 (Finish)