



68<sup>th</sup> Round the Island Regatta

February 6<sup>th</sup> – 8<sup>th</sup> 2026



## Sailing Instructions

# 68<sup>th</sup> Round the Island Regatta - 2026

**Dates:** 6 February 2026 to 8 February 2026

**Venue:** Lake Deneys Yacht Club (LDYC)

**Organising Authority:** LDYC

# SAILING INSTRUCTIONS

## 1 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the online official notice board on the regatta WhatsApp group which all skippers will be added to and a link to join will be available at registration.
- 1.2 The race office is located at Lake Deneys Yacht Club (LDYC), Vaal Dam, [office@ldyc.co.za](mailto:office@ldyc.co.za).
- 1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 1.4 An optional VHF radio capable of receiving and transmitting on Channels 9 and 16 shall be monitored at all times during the event whilst boats are away from their moorings will be permitted.
- 1.5 Should a competitor retire from the race, a message to be sent to the bridge via VHF, or a WhatsApp message once they are safe and able to do so.

RTIR 2026 Regatta Noticeboard &  
News  
WhatsApp group



## 2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

## 3 CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

## 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at Lake Deneys Yacht Club (LDYC) shore flag mast.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

## 5 CLASS FLAGS

- Ultra Class – Yellow flag (and yellow bow sticker on port side)
- Non-Ultra Class – Blue Flag (and Blue Bow Sticker on port side)
- Beat to Beacon – Pink Flag (and Pink Bow Sticker on port side)
- Youth – White Flag (and red bow sticker on port side)

Should there not be sufficient space on the hull to position the sticker and bow number, the head sail is to be used, also on the port side of the sail.

## 6 RACING AREA

The racing area is within the area between LDYC and around Groot Eiland on the Vaal dam.

## 7 COURSES

The diagrams in SI Addendum "A" show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## 8 MARKS

A description of all marks will be posted before the close of registration on Friday.

## 9 THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. **A line created by 2 (two) Red cylindrical marks will be laid "behind" the start line – competitors who are not starting are to remain behind these marks and only enter the "starting box" when their class flag is displayed on the committee boat.**
- 9.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start, without a hearing. This changes RRS 35, A4 and A5.1.
- 9.5 A boat that starts on the wrong start will have the duration between the wrong start and its correct start plus 10 minutes added to their elapsed time.
- 9.6 Any boat that is OCS and doesn't return will be penalised with 5 minutes being added to their elapsed time.

## 10 SHORTENING THE COURSE

- 10.1 There is no opportunity to shorten the course, however, there will be maximum cut-off times for rounding the marks of the course. Should a competitor not round a mark within the required time, they will be scored a "DNF". **See "Time Limits" below.**

## 11 THE FINISH

- 13.1 The finish line shall be between the committee boat flying a blue flag and the white start mark to port of the committee boat.
- 13.2 The finish line will be in the same vicinity as the start line.

## 12 PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

## 13 SCORING

- 13.1 For overall results, yachts will be handicapped according to the NKA handicaps.
- 13.2 For a list of trophies: refer to the Notice of Race
- 13.3 Commodore's Cup
  - Min 3 races shall be sailed.
  - Results will be considered independent with the long distance "RTIR" event.
- 13.4 Tune Up Races:
  - 4 races shall be sailed.
  - Results will be considered independent with the long distance "RTIR" event.
- 13.5 L.D.Y.C Round the Island Race (Ultra Class)
  - Scored independently
- 13.6 L.D.Y.C Round the Island Race (Non-Ultra Class)
  - Scored independently
- 13.7 Beat to Beacon
  - Scored independently
- 13.8 Youth Race
  - Scored independently

#### **14 TIME LIMITS**

- 14.1 Boats Not having rounded Mark 1 on the South Side of the Island by 12h00 will be turned back and scored a "TLE".
- 14.2 Boats not rounding Mark 2 on the North side of the Island by 14h00 will be turned back and scored a "TLE".
- 14.3 Boats failing to finish before 16h00, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35 and A4.
- 14.4 The cut off times may be extended at the discretion of the Race Officer.

#### **15 HEARING REQUESTS**

- 15.1 The protest time limit expires at midnight on the Wednesday following the Main Round the Island Race on Sunday.
- 15.2 Hearing request forms may be downloaded from [www.sailing.org.za](http://www.sailing.org.za).
- 15.3 Notices will be posted no later than 12 hours after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the Lake Deneys Yacht Club (LDYC) clubhouse as instructed by the race office, beginning at the time posted.

#### **16 SAFETY REGULATIONS**

- 16.1 Any/all personal flotation devices shall be capable of supporting a 5 kg steel weight.
- 16.2 All competitors aged 12 and under shall wear a personal flotation device (PFD) at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 16.3 All competitors sailing on dinghies or catamarans shall wear a PFD at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 16.4 Competitors sailing on keelboats shall have a PFD readily accessible for each crew member, older than 13, on board at all times while afloat. While not required to be worn at all times, crews are strongly encouraged to wear PFDs whenever practical, especially in conditions that may increase the risk of falling overboard.



- 16.5 All PFDs shall be of an appropriate type and in good working condition. PFDs should be designed for the user's weight and size and comply with a recognized standard. Inflatable PFDs, if used, shall be regularly inspected and maintained according to the manufacturer's recommendations.
- 16.6 This instruction does not create any additional responsibility on the part of the Race Committee to ensure compliance. The responsibility for wearing and having readily accessible PFDs in accordance with these Sailing Instructions rests solely with each competitor.
- 16.7 All non-youth competitors shall comply with SAMSA regulations regarding personal floatation devices.
- 16.8 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

### **17 EQUIPMENT AND MEASUREMENT CHECKS**

- 17.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.
- 17.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

### **18 SUPPORT PERSON VESSEL**

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 100 meters from boats racing.

### **19 TRASH DISPOSAL**

Trash may be discarded ashore in the bins provided.

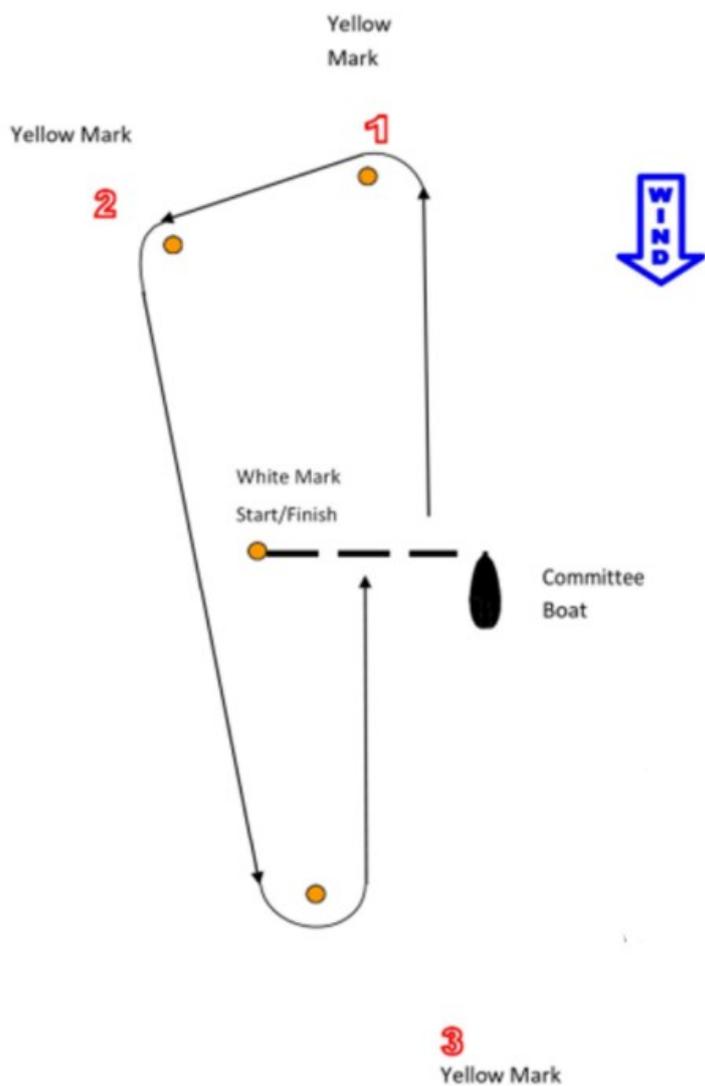
---

## ADDENDUM A – COURSES

### COURSE 1 – NUMERAL PENNANT 1 / NUMBER 1

#### A Windward-Leeward Course

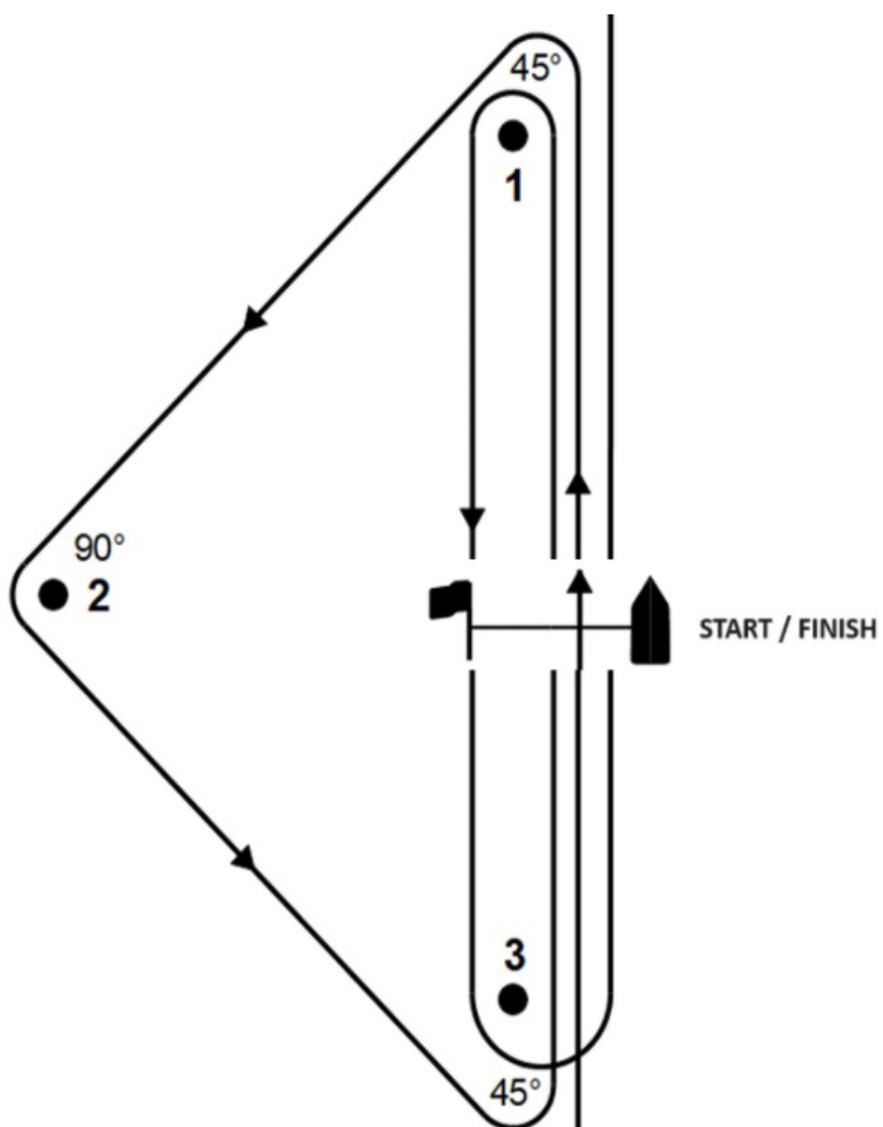
Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish (2 rounds)



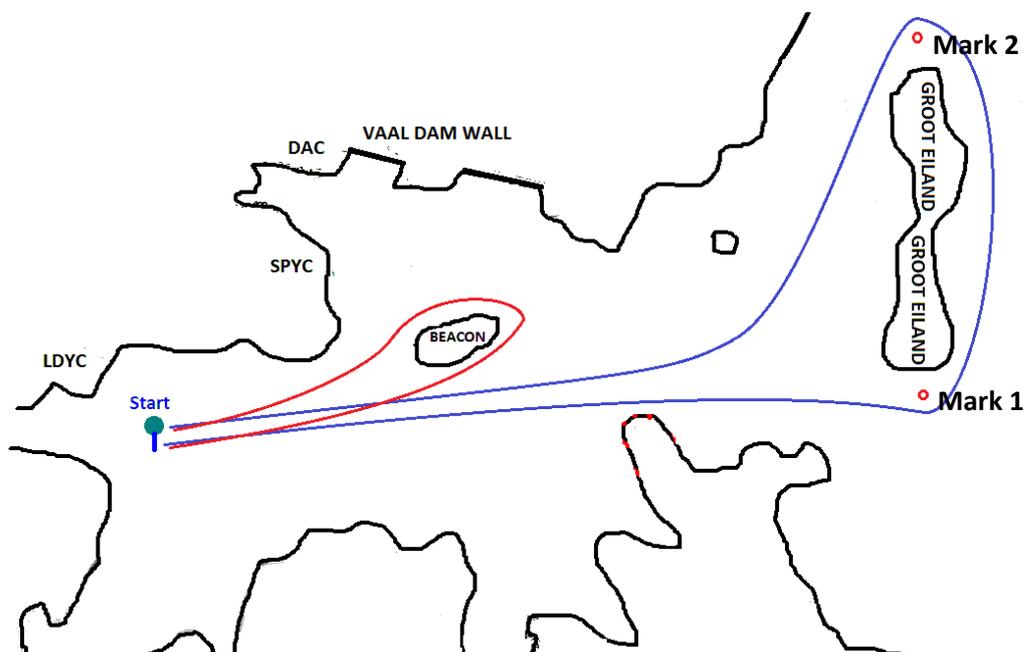
**COURSE 2 – NUMERAL PENNANT 2 / NUMBER 2**

**A Triangle-Windward-Leeward- Course**

**Start – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – Finish (3 Rounds)**



**Course 3 – Distance Race: Around Groot Eiland**

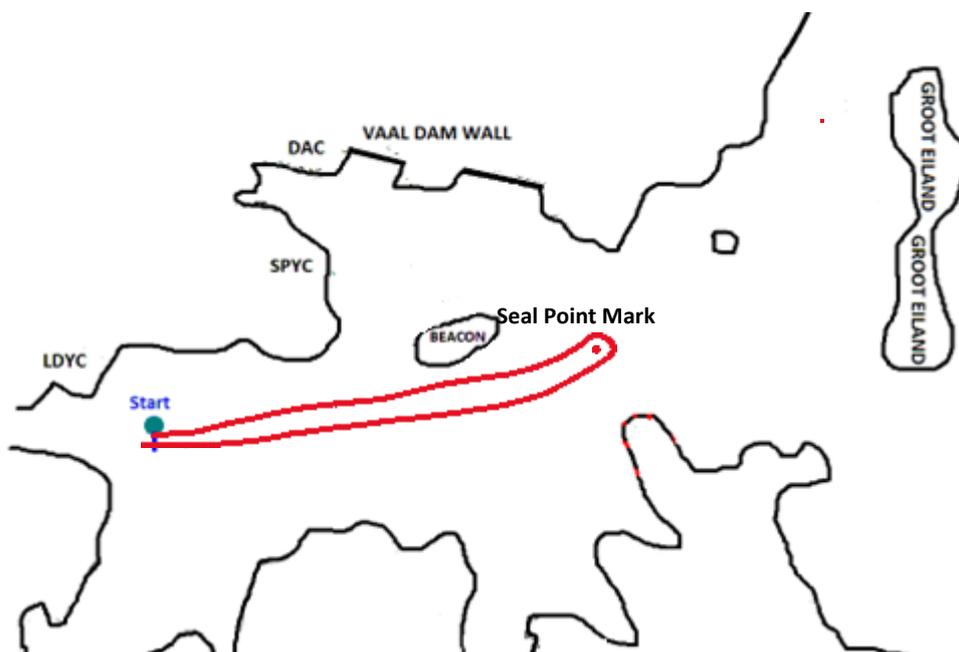


**ROUND THE ISLAND RACECOURSE CARD**

***The start will be in the vicinity of the LDYC permanent mark.***

***Start – Mark 1 (Port) – Mark 2 (Port) – Finish***

**Course 4(Y) – Distance Race: Around Groot Eiland (Youth Course)**



**ROUND THE ISLAND RACECOURSE CARD**

***The start will be in the vicinity of the LDYC permanent mark.***

***Start – Seal Point Mark (Port) – Finish***