



SAILING INSTRUCTIONS

LDYC Ancient Mariners 2025

- Dates** : 5th April 2025
- Venue** : LAKE DENEYS YACHT CLUB (LDYC) – VAAL DAM
- Organising Authority** : LAKE DENEYS YACHT CLUB (LDYC)

1. COMMUNICATIONS WITH COMPETITORS

- 1.1. Notices to competitors will be posted on the Official Notice Board located at LDYC, and will also be posted to the race WhatsApp group.
- 1.2. The race office is located at LDYC OR telephone 087 160 0556, email office@ldyc.co.za
- 1.3. A VHF radio capable of receiving and transmitting on Channel 9 (156.450 MHz) shall be monitored during the event whilst boats are away from their moorings for those vessels wishing to monitor VHF.
- 1.4. WhatsApp for competitors – See QR Code



2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the start on the day on the Race WhatsApp group.

3. CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the LDYC Club flagpole in front of the Clubhouse and relayed on the WhatsApp group.
- 4.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signals AP.

5. CLASS FLAG

Will be the Yellow

6. RACING AREA

The races will be distance racing on the Vaal dam as per the course set out below, and the Start shall not be before 11:54.

7. COURSES

- 7.1. The start will be a line between the committee boat flying a orange "on Station" flag and a White Mark to port of the committee boat.
- 7.2. The finish will be between the White Mark used for the start and a blue flag on the "Tin Temple" flagpole on shore.

MARK	Rounding
Start	
SPYC (Seal Point mark)	Port
DAC	Port
Finish	

8. THE START

- 8.1. Races will start using rule 26 of the RRS Part 3.
- 8.2. The starting time will be as per Section 7 of the Notice of Race.

9. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay/identify a substitute mark (or move the finish line) as soon as practicable.

10. SHORTENING COURSE

- 10.1. RRS 32.1 After the starting signal, the race committee may shorten the course (display flag S with two sounds) or abandon the race (display flag N, N over H, or N over A, with three sounds),
- 10.2. RRS 32.2 If the race committee signals a shortened course (displays flag S with two sounds), the finishing line shall be,
- (a) at a rounding mark, between the mark and a staff displaying flag S;
 - (b) a line the course requires boats to cross identified by the signalling boat and a white mark.
- 10.3. The shortened course shall be signalled before the first boat crosses the finishing line.

11. PENALTY SYSTEM

- 11.1. ISAF Rule 44 shall apply except that RRS 44.3 shall NOT apply, and in the case of Catamarans and Micro Multi-hulls the penalty shall be one complete 360-degree turn.

12. TIME LIMITS

- 12.1. Races may be abandoned at the discretion of the Bridge Officer.
- 12.2. Any yacht not finishing within 1.75 times the leading keelboat's elapsed time will be deemed not to have finished. See Appendix 1

13. HEARING REQUESTS

- 13.1. Protests shall be written on forms available at the Race Office and delivered within 60 minutes after the last race of the day, to the Race Office.
- 13.2. All protests may be heard at LDYC on the day of the particular race, or at any other venue at a later date, but will be at the earliest opportunity to ensure that all parties affected are given reasonable time to be present. These arrangements are entirely at the discretion of the Race Officer.
- 13.3. Protests will be heard in approximately the order of receipt.

14. SCORING

- 14.1. For overall results, yachts will be handicapped according to the Low Points scoring system of Appendix A 4.1 and A9 of RRS using the NKA TCF rating system.
- 14.2. The NKS ratings Time modification factor shall be employed.
- 14.3. Results will be posted on LDYC Notice Board after the race and on the Race WhatsApp Group.

15. SAFETY REGULATIONS

- 15.1. Competitors sailing on keelboats shall have a PFD readily accessible for each crew member on board at all times while afloat. While not required to be worn at all times, crews are strongly encouraged to wear PFDs whenever practical, especially in conditions that may increase the risk of falling overboard.
- 15.2. All PFDs shall be of an appropriate type and in good working condition. PFDs should be designed for the user's weight and size and comply with a recognized standard. Inflatable PFDs, if used, shall be regularly inspected and maintained according to the manufacturer's recommendations.
- 15.3. This instruction does not create any additional responsibility on the part of the Race Committee to ensure compliance. The responsibility for wearing and having readily accessible PFDs in accordance with these Sailing Instructions rests solely with each competitor.
- 15.4. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

16. LIABILITY

The attention of all competitors is drawn to the fact that participation in the race is entirely at their own risk. No responsibility, at any time, for damage or injury resulting there from will rest with the organizing authority, NKA, SAS, the class associations, the host club or any persons connected with the running of, or from providing assistance during the race.

17. REPLACEMENT OF CREW OR EQUIPMENT

- 17.1. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

18. TRASH DISPOSAL

Trash may be placed in bins placed on shore.

Appendix 1

Table 1: Cut-off Times

Elapsed time of first Keelboat	Cut-off Time
30	53
60	105
90	158
120	210
150	263
180	315
210	368
240	420
270	473
300	525