

SAILING INSTRUCTIONS

Approved by N.B 10/03/2025

2025 Free State Youth Provincial Championship Optimist, Dabchick, Laser, Mirror

Dates: 1st May 2025 to 4th May 2025

Venue: Lake Deneys Yacht Club (LDYC)

Organising Authority: LDYC in conjunction with the Optimist; Dabchick; Mirror; Youth Laser class Association with the consent of SA Sailing.

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the online official notice board at LDYC and on the regatta WhatsApp Noticeboard (See QR code).
- 1.2 The race office is located at Lake Deneys Yacht Club (LDYC), Vaal Dam, office@ldyc.co.za.
- 1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first scheduled start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at Lake Deneys Yacht Club (LDYC) shore flag mast.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals.

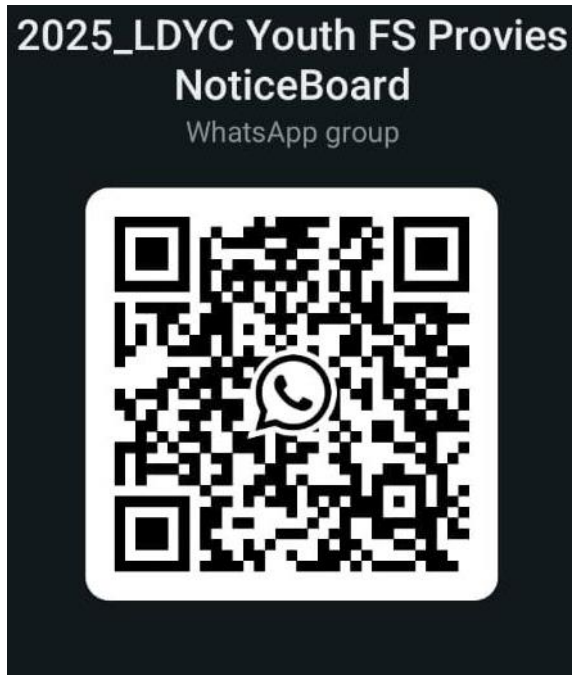
5 CLASS FLAGS

Class flags will be posted before the close of registration.

6 RACING AREA

The racing area is within the area between LDYC, South Bay and Manten Marina of the Vaal dam.

7 COURSES



The diagrams in SI Addendum "A" show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8 MARKS

A description of all marks will be posted before the close of registration.

9 THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start, without a hearing. This changes RRS 35, A4 and A5.1.

10 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

12 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal boats shall round mark 3 as required to sail the course and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches mark 3 and shall continue to be made until all boats still racing have passed these marks. This changes RRS 32.

13 PENALTY SYSTEM

- 13.1 RRS 44.1 is unchanged so that the Two-Turns Penalty remains.

14 TIME LIMITS

Boats failing to finish within 20 minutes after the first boat sails the course and finishes, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35 and A4.

15 HEARING REQUESTS

- 15.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.
- 15.2 However, if racing is postponed under Race Signal AP over H, then the protest time limit for races completed so far that day is 60 minutes after the last boat finishes the last race completed, or the race committee signalled AP over H, whichever was the later.
- 15.3 Hearing request forms may be downloaded from www.sailing.org.za and at the official noticeboard at LDYC.
- 15.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the Lake Deney's Yacht Club (LDYC) clubhouse as instructed by the race office, beginning at the time posted.

16 SCORING

- 16.1 4 (four) races are required to be completed to constitute a series.
- 16.2 (a) When fewer than 5 (five) races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 (five) to 9 (nine) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

- (c) When 10 (ten) or more races have been completed, a boat's series score will be the total of her race scores excluding her 2 (two) worst scores.

17 SAFETY REGULATIONS

- 17.1 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 17.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors is not allowed without prior written approval of the race committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

19 EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.
- 19.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

20 SUPPORT PERSON VESSEL

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 100 m from boats racing.

21 TRASH DISPOSAL

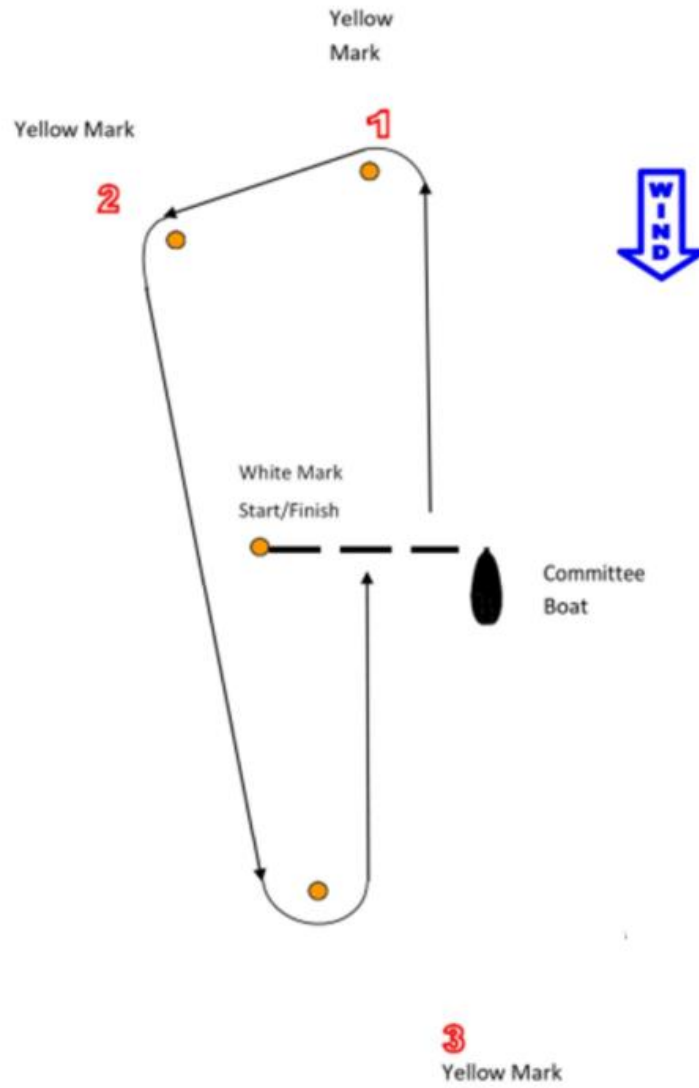
Trash may be discarded ashore in the bins provided.

ADDENDUM A – COURSES

COURSE 1 – NUMERAL PENNANT 1 / NUMBER 1

A Windward-Leeward Course

Start – 1 – 2 – 3 – 1 – 2 – 3–Finish (2 rounds)



COURSE 2 – NUMERAL PENNANT 2 / NUMBER 2

A Triangle-Windward-Leeward- Course

Start – 1 – 2 – 3 – 1 – 3 – Finish (2 Rounds)

