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LAKE DENEYS YACHT CLUB

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July 2004

We wish all of our new members a warm welcome.

It is required that all caravan owners have a small card displayed in their caravan windows showing their names and contact numbers. This practice serves a number of purposes but most importantly gives the committee instant access to the owners in the event of any emergency.

Enclosed with this issue is a copy of our questionnaire to be completed and returned as soon as possible to the Club, therefore enabling the committee to update records and assess and possibly implement the needs and ideas of all members.

Management Committee Meetings are listed on Calendar please diarise.,these will be followed by Sailing Committee Meetings. Meetings for RTIR 2005 are being arranged on an adhoc basis. We need to make a start planning for this main event on our calendar. As usual we will need volunteers.

Couldn't resist publishing this article and should anyone know of Bill Bower's whereabouts, I would like to send his photos back to him with our thanks

Club Festival weekend incorporating annual Sailpast Saturday 28th August at 14h00 and Special General Meeting on Sunday 29th August at 10h00

Don't miss this important weekend.

**WEAR LIFEJACKETS AT ALL TIMES
ON THE WATER.
SAFETY IS ESSENTIAL**

Christine Durrant
Editor
011 918 4736
082 436 7232

Editor with a Trustee



COMMODORES REPORT

Rob Barrett

LAKE DENEYS YACHT CLUB

As this is the first Signal after the AGM I would like to thank all the members who attended both the dinner dance on the Saturday and the meeting on the Sunday being Mothers Day. I would further like to thank the members for once again entrusting the management of your club to me. To the old committee members who have stayed on and committed to another year of service to the club, I thank you.

To the newly elected committee members, Johnny Smit Vice Commodore, Rodney Beresford Treasurer, Tom Cole Trustee and all the other members who where elected to sailing, power boat and other sub-committees I would like to welcome you and thank you for offering your services. It was good to see that all the positions on the various committees where filled for the 2004/2005 year and that all volunteered there services, it all builds well for the future of our club.

To the out going members of the management committee I would like to thank them for their services and a special thanks to Mick Tuck for all he has done for the club, I will miss his guidance and help.

The AGM Dinner Dance / Prize Giving was very well attended by the members this year and to all the ladies that help with the catering, too many to name, thank you for the fine spread that was served.

The year ahead looks Very exciting with lots of activities being arrange for the sailors and power boaters and some important sailing events, which will take place at our club. Please watch for these events in this magazine and on the website.

Lastly I would like to welcome all the new members who have joined our club. Please involve yourselves in the activities of the club as we have great facilities for you to enjoy. Remember it is your club and we ask that you support it.

Yours in sailing and boating

Rob Barrett

Commodore LDYC

**A Special General Meeting has been called to address two issues.
One being the Electrification of Caravan Sites and the other the Vacant Land.
This meeting is scheduled for Sunday 29th August at 10h00 in the Main Hall.
This is a festive weekend so make it a family one!!**

Anyone know these two???????



VICE COMMODORES REPORT
Johnny Smit

LAKE DENEYS YACHT CLUB

Firstly, I take this opportunity of thanking you all for your confidence in my ability to take over the position of Vice Commodore. I shall have my work cut out to follow Mick Tuck's footsteps!

Security is still of the utmost concern, but we hope this problem will be resolved in the very near future.

The tractor seems to have reached retirement age and a replacement will need to be obtained. We have obtained quotations to give it a facelift and upgrade, however the surgeons think this would be a lost cause! So we are now looking for a second hand tractor in good condition, complete with grass cutting attachment. Should any member know of one, please advise asap.

I would like to convey my special thanks to John Williams who volunteered to undertake the maintenance and care of the swimming pool. If anyone else is willing to help with any other duties, it will be greatly appreciated – many hands make light work!

There really isn't much more to report in this my first month, except to look forward to your support in the coming year.

Johnny Smit
Vice Commodore

THOMAS

Will members please note that Thomas is contracted primarily as Ferryman and is only available for other needs of members when the use of the ferry is not required.

Club Manager must be contacted re the availability of Thomas. Without fail.

THEFT: Please ensure caravans and vehicles are LOCKED when not in use, KEYS MUST NOT BE LEFT INSIDE VEHICLES ON FORESHORE.

Also, lock away your motors, they are still on the hit list at the moment.

THEFT IS RIFE AT THE MOMENT AND WILL NOT IMPROVE. THE OWNES FALLS ON THE OWNERS.

Pets

The club & club manager have small, free roaming dogs on the property for protection & security.

To avoid confrontations with "strange" dogs, pets of members brought onto the property are limited to small dogs only, and they must be on a leash and under control of member at all times.

Members' dogs are not allowed into the clubhouse, ablution block or swimming pool areas. Should there be complaints then the Committee will be forced to take the necessary action to deal with the associated problems

By Order of the Management Committee.

A couple were going out for the evening. They'd gotten ready, all dolled up, dog put out, etc. The taxi arrives, and as the couple start out, the dog shoots back in the house. They don't want the dog shut in the house, so the wife goes out to the taxi while the husband goes upstairs to chase the dog out.

The wife, not wanting it known that the house will be empty explains to the taxi driver: "He's just going upstairs to say good-bye to my mother." A few minutes later, the husband gets into the cab.

"Sorry I took so long" he says. "Stupid bitch was hiding under the bed and I had to poke her with a coat hanger to get her to come out! Then I had to wrap her in a blanket to keep her from scratching and biting me as I hauled her ass downstairs and tossed her in the back yard! She better not shit in the vegetable garden again!"

The silence in the cab was deafening.

REAR COMMODORES REPORT
Tielman Burger

Safety on the Vaal
Pages 4/5/6

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L.D.Y.C. MANAGEMENT COMMITTEE 2004/5

Portfolio	Member	Home	Bus	Fax	Cell	Email
Commodore	Rob Barrett	849 4190	740 6425	740 6422	083 234 7044	robbarrett@mweb.co.za
Past Commodore	Andrew Kirk	726 3674	280 2000	021 403 0443	082 772 3884	adkirk@chevrontexaco.com
Vice Commodore	Johnny Smit	827 8405		827 8846	082 416 2921	bassetbodies@global.co.za
Rear. Commodore	Tielman Burger	918 4763	894 7171	894 7111	083 375 3867	tielman@crowncast.co.za
Public Relat. & Signal	Christine Durrant	918 4736	918 4736	918 4736	082 436 7232	icdurr@mweb.co.za
Estate Manager	Pauline Warren	016 371 1271	016 371 1393	016 371 2343	083 733 2553	ldyc@telkomsa.net
Secretary	Caroline Morris	793 1372	302 41379		082 779 3607	cmorris@silica.net
Treasurer	Rod Beresford	849 2913	452 1930	452 6455	082 785 6425	rberesford@radinterface.co.za
Entertainment	Susan Stouffs	918 5898	397 9314	397 9318	083 459 2314	susan@hertz.co.za
Trustee No 1	John Durrant	918 4736	927 2662		082 465 7799	johndur@aviation.denel.co.za
Trustee. No 2	Tom Cole	308 3114	308 3114	308 3115	083 390 9333	tomc@protekon.co.za
Grogfather	Wes Johnston	609 3942	605 2722		083 960 4628	misimae@icon.co.za
SAILING COMMITTEE						
Rear. Commodore	Tielman Burger	918 4763	894 7171	894 7111	083 375 3867	tielman@crowncast.co.za
Sec.-Trophy & Sail Meetings	Sheryl Fisher	793 5904		475 0973	082 337 2173	ssands@lantic.net
Bridge Officer & NKA	Geoff Teasdale	475 4348	789 2831		0832739542	teasdalg@jhb.gabrobins.co.za
Judge-Handicapper	Keith Vennel	792 4249	792 0243		083 227 2720	keith@acenet.co.za
Harbour Master	Mick Tuck	609 5657	609 5657		082 873 0391	mickjt@hotmail.com
Sailing PRO	Austin Daly	475 8239			083 294 1186	austin@accesswec.co.za
Cruise Captain	Simon Fisher	793 5904	475 0973	475 0973	082 570 3367	ssands@lantic.net
Development Sailing	Chris Phillips	678 6964				cphillips@canyon.co.za
Junior Commodore	Dirk Manten Greg. James	787 9876			082 703 0061	manten@lantic.net
Junior Sailing	Roy Spurdle Arnold Spies	462 3782	332 1532		08344136170 824546281	roy.spurdle@zaf.dupont.com
Powerboats & Rescue	Ken Barrett Warren Luttig	792 3517	012 803 5124		083 291 0771 083 3276620	kbarrett@lantic.net
Safety & Certification	Mark Ward		899 2018		082 890 7104	mark.ward@batemanbv.com
Website	Arnold Spies	462 3782	332 1532		082 454 6281	aspies@icon.co.za
NSA	Daphne Kasselmann	827 0853	824 2402	827 0853		nsa@global.co.za

Updated July 2004

LDYC SIGNAL TO BE ACCESSED ON WEBSITE.....ldyc.co.za

LDYC CLUB EMAIL ADDRESS..... ldyc@telkomsa.net

IMPORTANT TELEPHONE NUMBERS.

N.S.R.I. 016 371 0059 AMBULANCE 082911 SA POLICE 371 1110

DENEYSVILLE PHARMACY 016 371 1387

LAKE DENEYS YACHT CLUB

P O BOX 40
DENEYSVILLE
1932

TEL: 016-3711393

FAX: 016-3712343 E-MAIL ldyc@telkomsa.net

ANNUAL FEES FROM 1ST APRIL 2004 TO 31 MARCH 2005

CATEGORY	JOINING FEE (ONCE OFF)	ANNUAL FEE	NOTES
FAMILY	R2000-00	R1725-00	HUSBAND & WIFE + CHILDREN 0-11 YEARS
SINGLE over 30 yrs SINGLE 18 – 30 YRS	R2000-00	R1430-00 R1100.00	SINGLE MEMBER, NO CHILDREN
JUNIOR	R250-00	R205-00	MEMBER'S CHILD 12-18 YEARS
OUTSIDE JUNIOR	R275-00	R310-00	AGES 12 – 18 YEARS
STUDENT	R275-00	R310-00	FULL TIME SCHOLARS
COUNTRY	R275-00	R320-00	OUTSIDE 200 KM RADIUS OF CLUB
PENSIONER	N/A	R335-00	TO CURRENT MEMBERS OF MORE THAN 5 YEARS STANDING
CARAVAN SITE	N/A	R2 200-00	
KEELBOAT STORAGE/MOORING MAINTENANCE	N/A	R480-00	GENERAL MAINTENANCE OF MOORING, BELOW WATER LEVEL
CAT/DINGHY/POWER BOAT STORAGE	N/A	R350-00	

**UPDATED July 2004 DISCOUNTS FOR CURRENT MEMBERS:
FEES PAID BEFORE END APRIL 2004 – 7.5% DISCOUNT ON SUBS
FEES PAID BEFORE END MAY 2004 – 5% DISCOUNT ON SUBS**

JOINING FEES ARE DUE ON APPLICATION OF MEMBERSHIP

MEMBERS' VISITORS FEES: all visitors to be signed in at the gate by a member

DAY VISITORS (TO BE ACCOMPANIED BY A MEMBER)	R25-00 PER DAY
POWERBOAT LAUNCHING	R50-00 PER DAY
CAMPING (TENT) SITE	R30-00 PER DAY + R25-00 PER PERSON PER DAY
CARAVAN SITE	R60-00 PER DAY + R25-00 PER PERSON PER DAY
COTTAGE RENTAL	R100-00 PER NIGHT + R25-00 PER PERSON PER DAY

BANKING DETAILS ARE AS FOLLOWS:

N.B. MASTER CARD & VISA CARD FACILITIES ARE AVAILABLE AT THE CLUB

MASTER CARD AND VISA CARD FACILITIES ARE NOW AVAILABLE.

BANKING DETAILS FOR DIRECT DEPOSITS:-

STANDARD BANK VEREENIGING. BRANCH NO 04637. ACCOUNT NO 021820112

ACCOUNT NAME LAKE DENEYS YACHT CLUB-. DEPOSIT SLIPS TO PAULINE

The wharf

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L.D.Y.C/NKA DRAFT CALENDAR 2004/2005

Month	Day	Event	Host Club	Place	Time
	Sun 04	Mod Winter 4	SPYC		10:30
	Sun 4-10	MSC Week	PYC		Notice
	Sat 10	JUNIOR KEELBOAT TRAINING			
	Sat 10	Management Committee Meeting Sailing Committee Meeting Christmas in July	LDYC LDYC	Comm Room	10h00 12h30 18h00
	Sun 11	LDYC Brass Monkey #2	LDYC		10:30
	Sat 17				
	Sun 18				
	Sat 24				
	Sun 25	LDYC Brass Monkey #3	LDYC		10:30
O 29th	Sat 31				
4-Aug	Sun 01	MOD Winter 5	AOL		10:30
	Sat 07	Management Committee Meeting Sailing Committee Meeting Class Provincials - Grand Slams NSRI FUNDRAISING WEEKEND	LDYC		10h00
	Sun 08		LDYC		12h30
Women's Day	Mon 09				
	Sat 14	Grand Slam Racing Spare			
	Sun 15	LDYC Brass Monkey #4	LDYC		10:30
	Sat 21				
	Sun 22 22-28	Tour de Vaal LIPTON CUP	VCA Cape Town	Long Distance	10:30
O 30th	Sat 28	Mistral Nationals	TYC		Notice
	Sun 29				
	Sun 29	Sail Training	DAC		Notice
4-Sep	Sat 04	LDYC CLUB FESTIVAL WEEKEND LDYC SAILPAST Mistral Nationals	LDYC TYC	CASTLE	14h00
	Sun 05	SPECIAL GENERAL MEETING Mistral Nationals	LDYC TYC	Hall	10H00
	Sun 05	MOD Summer 1	VCA		10:00
	Sat 11	SPYC Big Boat Regatta	SPYC		Notice
	Sun 12				
	Sat 18	MANAGEMENT COMMITTEE MEETING SAILING COMMITTEE MEETING	LDYC	COMM ROOM	10H00 12H30
	Sun 19	LDYC Spring #1	LDYC		10:30
	Wed 22-26	KEELBOAT WEEK	DAC		
Heritage Day	Fri 24-26	LASER & FUN NATIONALS	Northvaals		
4-Oct	Sat 02				
	Sun 03	MOD Summer 2	PNYC		10:00
	Sat 09				
	Sun 10	LDYC Spring #2	LDYC		10:30
	Sat 16	6 Hour Endurance Race	PNYC		11:00
	Sun 17	Page 10			

Month	Day	Event	Host Club	Place	Time
October					
	Sat 23	JUNIOR WEEKEND DINGHY/CAT CHALLENGE			
O 28th	Sun 24	LDYC Spring #3	LDYC	Castle	10:30
	Sat 30				
	Sun 31				
4-Nov	Sat 06	MANAGEMENT COMMITTEE MEETING SAILING COMMITTEE MEETING	LDYC		10H00 12H30
	Sun 07	MOD Summer 3	SPYC	MA	10:00
	Sat 13				
	Sun 14	DAC Pursuit Race	DAC	MA	Notice
	Sat 20				
	Sun 21	LDYC Spring #4	LDYC	Castle	10:30
O 26th	Sat 27	LDYC NOCTURNAL CHALLENGE NIGHT RACE	LDYC	MA	16:30
	Sun 28				
4-Dec	Sat 04	Pennant Nine Ladies Race	PNYC	Notice	14:00
	Sun 05	MOD Summer 4	LDYC	MA	10:00
11-Dec		JUNIOR L26 CHALLENGE CHRISTMAS PARTY/TREE			
	Sun 12	LDYC Summer #1	LDYC	Castle	10:30
Reconciliation Day	Thurs 16	LADIES RTIR			
	Sat 18				
	Sun 19	LDYC Summer #2	LDYC	Castle	10:30
Christmas Day	Sat 25	CHRISTMAS AT LDYC			
Day of Goodwill	Sun 26				
Public Day	Mon 27				
	Wed 29		DAPHNE'S BIRTHDAY		
2005					
New Years Day	Sat 01				
	Sun 02	Singlehanded Round the Island	LDYC	Notice	Notice
	Sat 08				
	Sun 09				
	Sat 15	MANAGEMENT COMMITTEE MEETING SAILING COMMITTEE MEETING	LDYC	COMM ROOM	10H00 12H30
	Sun 16	LDYC Summer 2	LDYC	Castle	10:30
	Sat 22	King of the Vaal	DAC	MA	14:00
O 23rd	Sun 23	MOD Summer 5	DAC	MA	10:00
	Sat 29				
	Sun 30				
5-Feb	Fri 4	ROUND THE ISLAND RACE WEEKEND	LDYC		
	Sat 05			Notice	Notice
	Sun 06				
	Sat 12/13	Northwest Championships	TYC	Notice	Notice
	Sun 13				
	Sat 19/20	VCA Junior Championships	VCA	Notice	10:00
O 20th	Sun 20	Northwest Championships	TYC	Notice	Notice

Month	Day	Event	Host Club	Place	Time
	Sun 27	LDYC Summer 3	LDYC	Notice	Notice
5-Mar	Sat 05				
	Sun 06	MOD SUMMER 6	AOL	MA	10:00
	Sat 12				
	Sun 13				
	Sat 19/20	Hunter Nationals		Vaal Dam	
	Sat 19-21	Aeolians Regatta/F1 Nat/S23 Owner's Challenge	AOL	MA	11:00
O 20th	Sun 20				
Human's Right Day	Mon 21				
	Sat 26	MANAGEMENT COMMITTEE MEETING SAILING COMMITTEE MEETING	LDYC	COMM ROOM	10H00 12H30
	Sun 27	LDYC Summer 4	LDYC	Castle	10:30
5-Apr	Sat 02				
	Sun 03	MOD Winter 1	PNYC	MA	10:30
	Fri 08/9/10/11	EASTER REGATTA JUNIOR WEEKEND			
O 17th	Sat 23	MANAGEMENT COMMITTEE MEETING SAILING COMMITTEE MEETING	LDYC		10H00 12H30
	Sat 23	Ancient Mariners	LDYC	MA	Notice
	Sun 24	LDYC Autumn 1	LDYC	Castle	10:30
	Sat 30	Presidents Race/NKA Prizegiving	VCA	MA	
5-May	Sun 01	MOD Winter 2	VCA	MA	10:30
	Sat 07	LDYC ANNUAL PRIZEGIVING DINNER			
	Sun 08	LDYC AGM 11h00/JUNIORS 09h00			
	Sat 14	SAILING COMMITTEE MEETING	LDYC		12H30
O 15th	Sun 15	LDYC Autumn 2	LDYC	Castle	10:30
	Sat 21				
	Sun 22				
	Sat 28				
	Sun 29	LDYC Autumn 3	LDYC	Castle	10:30
5-Jun	Sat 04				
	Sun 05	MOD Winter 3	LDYC	MA	10:30
	Sat 11/12	J22 & Mistral Highvelds	TYC	Notice	Notice
O 12th	Sun 12	LDYC Autumn 4	LDYC	Castle	10:30
	Sat 18				
	Sun 19				
	Sat 25				
	Sun 26	LDYC Winter 1	LDYC	Castle	10:30

NSRI Vaal Dam Fundraiser



Fundraising

Saturday, 7th August @ 18h30

Class Provincials - Grand Slams

Hosted by LDYC



It is going to be an evening of great Family fun and entertainment...details To follow...

Don't forgot your wallets!!

Kitchen will be open for Burgers, chips etc....

Braai fires available at Clubhouse for those bringing their own

LDYC CLUB FESTIVAL

ANNUAL SPRING SAIL PAST

4 SEPTEMBER 2004 –
AT 14H00

This event involves blessing of the waters, flag raising and enables all sailors of LDYC to acknowledge their Commodore in a Sailpast.

Bring buckets!!!!

Fun and events for the whole family



Paraffin Safety Association
Southern Africa

Paraffin Safety is everybody's problem

Today (1 June) is Paraffin Safety Day, the first of what will be an annual event aimed at reducing the outrageously high numbers of paraffin related fires and injuries by focusing public attention on the problem.

Every year paraffin-related fires affect some 50 000 South African households often with devastating and sometimes deadly results. Incredibly over a third of these households experience more than one fire annually, an incidence that is thought to be higher in densely populated urban centres.

Many of these fires are caused when sub-standard, unsafe paraffin stoves are knocked over or explode or when paraffin contaminated with other chemicals, including petrol, suddenly flares.

But while fire is often the most visible and reported consequence of widespread paraffin use for cooking, heating and light, paraffin poisoning is a less obvious but alarmingly common problem, particularly as the victims are most often young children.

Paraffin is often sold or stored in milk or cool drink bottles or is decanted using cups. Consequently young children think it is safe to drink or mistake it for water or cooldrink. Ingesting a small amount of paraffin will make a child very ill, but is not in itself life threatening. Paraffin's low viscosity, however, means that it is easily aspirated or inhaled into the lungs. This can cause chemical pneumonitis, which can lead to pneumonia. Both can prove fatal in young children.

But, according to Nazeema Ahmed, Managing Director of the Paraffin Safety Association, despite paraffin-related incidents being shockingly commonplace not enough is being done to address the problem.

Part of the reason may be that in the sprawling townships that surround South Africa's industrial and commercial hubs, rather than being outraged, many residents simply accept unsafe stoves and accidental fire as a fact of life; a terrible but unavoidable consequence of poverty, tightly packed shacks, overburdened emergency services and seasonal dry and windy conditions.

Another reason that paraffin issues don't feature higher on the national agenda is that those people who are fortunate enough not to have to use paraffin for cooking or lighting, quite understandably, don't regard paraffin safety as a problem that affects them.

Ahmed counters that it does.

"Besides the incalculable human tragedy of thousands of burn victims each year, the cost of fire fighting, feeding and housing homeless communities – which are usually uninsured and often lose everything - rebuilding destroyed houses and feeding and housing homeless communities is significant. Add to this the knock-on impact of absenteeism, lost productivity and often-lifelong medical costs for burn victims.

"This taxpayers' money could and should be used to address other pressing problems such as providing proper housing, running water, sanitation, healthcare, fighting crime and the host of other basic needs that so urgently need addressed."

Reliable data. Incidents of paraffin poisoning or paraffin related burns are not always reported and it is often she acknowledges, however, that one of the problems limiting the campaign for paraffin safety is a lack of difficult to determine the exact cause of the fires that so routinely devastates informal settlements.

To get legislators to address a problem you first need to scope its extent and impact. This means backing our argument with hard facts and firm numbers, which is why besides education and lobbying Paraffin Safety devotes so much time and resource to collecting and analysing data related to paraffin use and its consequences."

That is why last year it commissioned independent scientific tests on nine of the most popular paraffin stoves sold in South Africa. The tests found that none of these meet the SABS' recommended minimum standards. These findings are now central to a lobbying campaign to encourage government to make these basic safety standards mandatory.

But Ahmed is also cognisance of the need to provide safer alternatives, rather than simply ban dangerous appliances.

"The reality is that because paraffin is cheap, accessible and convenient to store it is here to stay. So we're working with Proudly South African, government and the manufacturing sector to launch a national competition to design a safe, affordable paraffin stove. We're putting up substantial prize money and are working on the design specifications, both of which will be announced shortly."

Another area where the Paraffin Safety Association is working with government and industry is to ensure uncontaminated paraffin that is sold in reusable child-proof containers.

Co-operation is also the watchword for its educational programmes, where it works with NGOs, national and local government and community organisations to inform consumers about the dangers of paraffin, how to avoid accidents and what to do should something go wrong. These programmes are co-ordinated from offices in Cape Town and Gauteng and it is soon to open another regional office in Durban.

In partnership with township entrepreneurs it has also established a number of Safe Sites. These serve as focal points for collecting consumption data, community education and distributing uncontaminated paraffin. The Paraffin Safety Association is also using two of these sites to conduct consumer tests of pre-packaged paraffin in 1-, 2- and 5-litre containers.

Ahmed is the first to want National Paraffin Safety Day expunged from the calendar: "But before this can happen we need to overcome the apathy that abounds about paraffin safety. The only effective way to do this is to create awareness of the issues, consequences and generate a widespread understanding that paraffin safety is everybody's problem, not just those people who have no alternative but to use this potentially dangerous fuel."

For more information about paraffin safety visit www.pasasa.org

On a visit to Malawi at the airport Mr Mbeki is met by the country's Minister of Harbours.

All of a sudden Mr Mbeki realizes that this is absurd, this country has no harbours as it is landlocked.

He is very puzzled and decides to find out what the story is.

At the official state banquet later that night, he leans over to the president and asks:

"Mr President why do you have a Minister of Harbours when you don't have any harbours?"

The president looks Mr Mbeki straight in the eye and says: "Well, you know that may be true Mr Mbeki, but I was just as puzzled at why you have a Minister of Law and Order?"

HOW TO STAY YOUNG

Remember, there is no way you can look as bad as that person on your drivers license.

- 1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay them.**
- 2. Keep only cheerful friends. The grouches pull you down.**
- 3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.**
- 4. Enjoy the simple things.**
- 5. Laugh often, long and loud. Laugh until you gasp for breath.**
- 6. The tears happen. Endure, grieve, and move on. The only person who is with us our entire life, is ourselves. Be ALIVE while you are alive.**
- 7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.**

8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, to the next county, to a foreign country, but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.
11. Don't sweat the petty things and don't pet the sweaty things. And always remember: Humpty Dumpty was pushed!

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From the Archives

CAPE TOWN TO MONTEVIDEO 1979

“DOWN WHERE THE TRADE WINDS BLOW!”

Bill Bouwer's South Atlantic Crossing aboard “Maverick”

Page 13/14/15/16/17/18/19/20/21.

Tales a'Stern

Fellow hydronauts,

Editor Christine asked me to do a quarterly back page in Signal forthwith. Content will be a mix of nostalgia, musings, tongue-in-cheek bits & inaccuracies to protect innocent & guilty parties. Hopefully raising a smile here & there. Phone me if I get out of line or to give me ideas.

At the caravan meeting the day before the AGM, with Mick (Friar) Tuck officiating, the spotlight turned on our dogs. More specifically, what exits at the rear. Someone mentioned that a plastic bag would solve the problem. Maybe some duct-tape to affix it would help. Walking around the club grounds, one will see pats far exceeding our dogs capabilities.

By all accounts, cattle enter at the south corner close to the pap-gooiers area. Our grounds-men turn into herders and chase the offenders out, but huge visiting cards remain. It seems as if thieves also follow the cattle route. Ta-ta-ra! Enter Johnno Smit, the new kid on the block. Also known as the LDYC Vice Commodore.

V-Com Smit has been tasked with devising a razor sharp floating (nogal) restraint extending into the dam to keep infiltrators out. It will rise and fall with the tides. Good stuff, but we ask one favour: A lot of our young windsurfers might not see this iron curtain which could slice off sparsely protected body parts.

Horrors! All we need on a Sunday morning is Mrs. So&so with son under arm and severed parts in the palm of her hand asking Hilda (Mrs V.Com) to sew them back on! Johnno, rise! Your call to save our children.

Enough! Space's up. Time to tug the uphaul, bear off & shoot>>>>> the breeze.

Tom Cole

May 2004



