



LAKE DENEYS YACHT CLUB

Club Series Sailing Instructions

(last amended 17/03/11)

1. RULES

- 1.1 The Organizing Authority is Lake Deneys Yacht Club.
- 1.2 The race will be sailed under the 2009 to 2012 International Sailing Federation Racing Rules of Sailing (RRS) the prescriptions of SAS and NKA and the rules of the class concerned, except where amended by the sailing instructions.
- 1.3 Yachts participating shall conform to the Equipment Rules of Sailing (ERS) 2009-12 where applicable.
- 1.4 All yachts shall conform to the safety requirements and regulations as laid down by SA Sailing.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the foyer of Lake Deneys Yacht Club.
- 2.2 Attention to alterations made to the sailing instructions displayed either on the official Notice Board or the Bridge Boat Notice Board, will be by the raising the "L" flag accompanied by one sound signal.
- 2.3 Any change of Sailing Instructions will be posted not later than 45 minutes before the scheduled start of the race.

3. CLASS FLAGS

- 3.1 Distance Series Fleet - White
- 3.2 Spinnaker Fleet – Yellow
- 3.3 Non-spinnaker Fleet – Orange

4. START TIMES

- 4.1 Races will start at 09h50 on Sunday's unless otherwise specified on the official notice boards.
- 4.2 No race will be started after 13h00 on Sunday's unless otherwise specified on the official notice boards.

5. THE COURSE AND MARKS

- 5.1 COURSES as per course flag flown on the Bridge Boat Mast prior to Warning Signal.
 - a) Windward/Leeward Course (Triangle Course Non-spinnaker) : "W" Flag
 - b) Olympic Course: "O" Flag
 - c) Trapezoid Course "T" Flag
 - d) Medium Distance Race "K" Flag
- 5.2 The marks of the above courses will be Yellow buoys (the color of the Non-spinnaker class reaching mark may vary), and or fixed marks in the case of medium distance race being sailed.
- 5.3 When not sailing a "fixed mark" course. Unless otherwise indicate on the Bridge Boats Notice Board, Spinnaker Fleet shall complete 3 laps and Non-spinnaker fleet shall complete 1 lap.
- 5.4 A Port Course is to be sailed if a RED flag is flown, or a Starboard Course if a GREEN flag is flown from the Bridge Boat prior to the Warning Signal.

6. SHORTENING COURSE

- 6.1 The course maybe shortened in terms of (RRS) 32, in which case yachts are to finish between a "mark of the course" and a boat flying the "S" flag and a blue on station flag.
- 6.2 Should the Bridge Boat remain on station approximately half way up the "beat" as may be opted for by the Bridge Officer for courses 5.1 (a), 5.1 (b) or 5.1 (c) then a shortened course signaled from this position will require yachts to finish after rounding mark 3 for course 5.1 (a) and 5.1 (b) or mark 4 for course 5.1(c) , to finish between the mast of the Bridge Boat displaying a "S" Flag and Blue Flag/Shape and the White Limit Mark.



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7. START

- 7.1 Races will start using rule 26 of the RRS Part 3. Classes will be started at 6 minutes intervals.
- 7.2 Starting area will be located on the area of water between LDYC and the Castle.
- 7.3 The starting line will be between the mast of the Bridge Boat and the Limit Mark.
- 7.4 A boat shall not start later than 5 minutes after her class's starting signal.
- 7.5 The Bridge is a "mark of the course" only when starting.

8. FINISH

- 8.1 The finish line will be between the mast of the Bridge boat flying a blue "on station" flag and the Limit Mark.
- 8.2 Bridge Boat is a "mark of the course" only when finishing a race.

9. PENALTY SYSTEM

- 9.1 ISAF Rule 44 shall apply except that RRS 44.3 shall NOT apply, and in the case of Catamarans and Micro Multi-hulls the penalty shall be one complete 360-degree turn.

10. TIME LIMIT

- 10.1 Races may be abandoned at the discretion of the Bridge Officer.
- 10.2 Any yacht not finishing within 1.75 times the leading yacht's elapsed time for courses 5.1 (a) to (c), or 1.6 times for Medium Distance races will be deemed not to have finished.

11. PROTESTS

- 11.1 Protests shall be written on forms available at the Race Office and delivered within 60 minutes after the last race of the day, to the Race Office.
- 11.2 All protests may be heard at the LDYC Clubhouse on the day of the particular race, or at any other venue at a later date, but will be at the earliest opportunity to ensure that all parties affected are given reasonable time to be present. These arrangements are entirely at the discretion of the Race Officer.
- 11.3 Protests will be heard in approximately the order of receipt.

12. SCORING

- 12.1 For overall results, yachts will be handicapped according to the Low Points scoring system of Appendix A 4.1 and A9 of RRS using the LDYC rating system.
- 12.2 Results will be posted on LDYC's Notice Board after each race and on the LDYC web page www.ldyc.co.za.

13. LIABILITY

- 13.1 The attention of all competitors is drawn to the fact that participation in the race is entirely at their own risk. No responsibility, at any time, for damage or injury resulting there from will rest with the organizing authority, NKA, SAS, the class associations, the host club or any persons connected with the running of or providing assistance during the race.

14. BRIDGE DUTIES

- 14.1 Average points, after discards over an entire series, will be awarded to the bridge officer with a maximum of one race day (amount of races for that day) per series. (Only point 14 or 15 can apply).

15. AWAY REGATTAS

- 15.1 Average points, after discards over an entire series, will be awarded to boats that are sailing in away regattas if it is their national or provincial championships. Only for race days that are in direct conflict with LDYC race days. Average for the first race day will be allowed. Qualifying boats must notify LDYC Rear Commodore beforehand of their intentions. (Only point 14 or 15 can apply)



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16. CLUB CHAMPIONSHIP

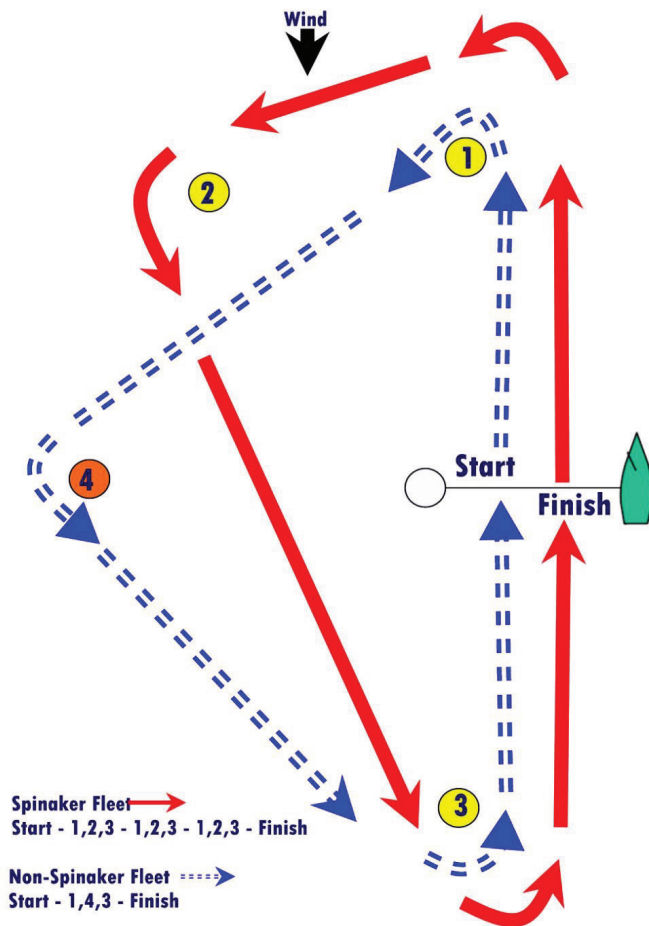
16.1 Club champion points will be awarded in the order of LDYC skipper entries finishing in a series. A skipper is not allowed to change boats within a series. If boats are changed within a series, only the boat that started the series will be scored. A different boat may be used for a different series. The total lowest score of the combined winter, spring and summer series will determine the winner. There will be no discards or average points, except in the case of items 14 and 15 of the sailing instructions. A skipper that does not sail in a series will be scored - LDYC entries + 1.

17. SCRUTINEERING

17.1 Scrutineering will be at the Race Officer's discretion.

Lake Deneys Yacht Club

Club Series Courses



5.1 (b) Olympic Course - All Fleets

5.1 (c) Trapezoid Course "T" Flag

